

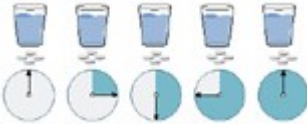



Marshall McCabe III, M.D. Thomas O'Meara, M.D. Carole Buckner, D.O. Darien Heap, M.D.

Your procedure is scheduled for _____ at _____

Check in at _____.

OsmoPrep

5 Days Prior	4 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Arrange a ride</p> <p>If taking iron, aspirin or over the counter pain stop the medication now. You may take Tylenol or Tylenol products.</p> <p>If taking Coumadin or other blood thinners or need antibiotics prior to dental work, call our office for instructions.</p> <p>Go to your pharmacy to pick up your Osmo Prep Tablets</p> <div style="border: 1px solid black; padding: 5px;"> <p>Begin Low Fiber Diet</p> <p>No raw fruits or vegetables. No whole wheat or high fiber or foods containing seeds. No nuts or popcorn. No Metamucil, Fibercon, bran or bulking agents</p> </div>	<p>If you are diabetic and take insulin, please check with your physician about your diabetic medications for the day before and the day of your procedure.</p>	<p>Stop taking Anti-inflammatories (including Advil, Ibuprofen, Aleve Naproxen, etc)</p> <p>Last chance to cancel appointment or you will be charged a CANCELLATION FEE of \$100.00.</p> <p>Check you're your driver and be sure they have read the drivers instructions.</p>	<p>Drink at least 8 (8 oz) glasses of water or clear liquids today</p>  <p>No solid Food after midnight.</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Begin Clear Liquid Diet</p> <p>Strained fruit juices (no pulp): for example apple, white grape, broth, water, Gatorade, Popsicles, Jell-o, coffee, tea (no milk or cream)</p> </div> <p>Drink at least 8 (8 ounce) glasses of water or clear liquids throughout the day</p>  <p>Beginning at 5:00 PM take One dose (4 tablets with 8 oz of any clear liquid) every 15 minutes for a total of 5 doses (20 tablets)</p> 	<p>Three hours before you leave</p> <p>Take one dose (4 tablets with 8 oz of any clear liquid) every 15 minutes for a total of 3 doses (12 tablets)</p> 

Due to the use of Sedation, you will be required to arrive with someone who can sign you out and drive you home. *We cannot permit you to take a taxi, bus, or drive yourself home.**